



Cat	Pos	Race No	Name	Time	Category	Gen Pos	Sw Lap 1	Sw Lap 2	Sw 3	Swim	100m split	C.Pos	O.Pos	G.Pos	T1	Bike	km/h	swim + bike	pos after bike	gain /loss	O.Pos	C.Pos	G.Pos	Rn Lap 1	Rn Lap 2	Run	1km split	gain /loss	O.Pos	C.Pos	G.Pos
4	298	409	Emily Myers	5:24:12	25-29	44	0:11:56	0:12:36	0:12:38	0:37:10	0:01:52	1	144	22	0:19:21	2:52:55	27.76	3:30:05	3	-2	336	4	49	0:30:59	0:31:39	1:34:43	0:04:44	-1	268	3	43
5	320	414	Petra Zink	5:35:56	25-29	49	0:14:05	0:15:12	0:15:19	0:44:36	0:02:14	6	306	55	0:18:58	2:53:09	27.72	3:37:45	4	2	338	5	50	0:32:04	0:33:12	1:39:11	0:04:58	-1	294	6	51
13	127	47	Tim Franklin	4:42:19	25-29	116	0:11:36	0:12:15	0:12:45	0:36:36	0:01:50	10	129	109	0:15:30	2:33:34	31.26	3:10:10	14	-4	211	15	190	0:24:38	0:25:15	1:16:37	0:03:50	1	95	8	83
9	151	403	Sarah Jones	4:48:49	30-34	18	0:12:56	0:13:19	0:13:11	0:39:26	0:01:58	13	192	29	0:15:17	2:35:49	30.81	3:15:15	9	4	227	7	22	0:26:13	0:26:06	1:18:15	0:03:55	0	115	8	15
11	220	429	Phillippa Smith	5:05:22	30-34	27	0:13:24	0:13:56	0:14:01	0:41:21	0:02:04	15	228	36	0:18:09	2:39:01	30.19	3:20:22	12	3	264	11	29	0:29:21	0:28:48	1:26:48	0:04:20	1	199	11	26
14	299	433	Anouska Vanderwilt	5:24:12	30-34	45	0:11:59	0:12:33	0:12:39	0:37:11	0:01:52	10	145	23	0:19:19	2:52:55	27.76	3:30:06	15	-5	335	16	48	0:30:59	0:31:39	1:34:44	0:04:44	1	269	14	44
27	118	125	Michael Zink	4:39:10	30-34	107	0:11:19	0:12:08	0:12:23	0:35:50	0:01:47	21	116	98	0:16:15	2:21:35	33.90	2:57:25	17	4	78	16	75	0:27:41	0:28:11	1:25:28	0:04:16	-10	186	31	161
5	16	129	Chris Bailey	4:08:37	35-39	15	0:12:36	0:12:36	0:12:49	0:38:01	0:01:54	27	161	136	0:12:25	2:12:17	36.29	2:50:18	10	17	17	5	16	0:21:31	0:22:08	1:05:51	0:03:18	5	10	4	10
53	249	208	Blair Venn	5:12:49	35-39	215	0:13:41	0:13:52	0:13:38	0:41:11	0:02:04	43	224	189	0:16:36	2:50:35	28.14	3:31:46	63	-20	325	65	280	0:28:21	0:28:29	1:24:25	0:04:13	10	177	39	153
5	274	464	Krista Page	5:19:36	40-44	40	0:14:02	0:14:19	0:14:30	0:42:51	0:02:09	6	268	47	0:17:58	2:48:22	28.51	3:31:13	7	-1	314	7	40	0:30:08	0:30:17	1:30:23	0:04:31	2	233	5	38
2	14	248	Stephen Gage	4:08:14	40-44	13	0:10:00	0:10:13	0:10:32	0:30:45	0:01:32	3	24	22	0:13:50	2:12:45	36.16	2:43:30	3	0	19	4	18	0:23:35	0:23:27	1:10:53	0:03:33	1	28	4	27
36	205	18	Jarrod Williams	5:02:59	40-44	179	0:16:21	0:15:15	0:15:38	0:47:14	0:02:22	61	349	289	0:16:49	2:32:12	31.54	3:19:26	47	14	196	37	178	0:27:59	0:29:34	1:26:42	0:04:20	11	197	33	172
2	322	482	Claire Lynch	5:36:44	50-54	51	0:14:21	0:14:26	0:14:41	0:43:28	0:02:10	2	279	49	0:19:51	2:53:18	27.70	3:36:46	2	0	341	2	51	0:32:41	0:33:40	1:40:05	0:05:00	0	298	2	52